



Namkha Rinpoche

June 24, 2008 Tuesday

Transforming Negative Emotions

2 - 4 pm

Ubuntu Restaurant & Yoga Studio

1140 Main Street, Napa 94559

Forgiveness - The Key to Resiliency

7 - 9 pm

Congregation Beth Sholom

1455 Elm Street, Napa 94559

Donations requested

Spiritual Teachings in Napa by a Buddhist Master

Namkha Rinpoche

A Tibetan Buddhist Rinpoche (Precious Teacher) connected to the Vajrayana teachings (Red Hat Buddhist) and a great spiritual master of Tantric Buddhism will give blessings and teachings on a rare visit to the US.

Rigdzin Namkha Gyatso Rinpoche was born in December 1967 in Dza-Chu-Kha in the province of Kham, Tibet. His father Thupten Sherab, and his mother Dawa Sherab called him Drupa Tharchin. He represents the 18th generation of this yogic lineage, therefore, since his early childhood, he has been involved in activities related to the Holy Dharma.



All human beings are the same. We all want happiness and do not want suffering.

Namkha Rinpoche is committed to the promotion of human values such as compassion, forgiveness, tolerance, contentment and self-discipline.

He is committed to the promotion of religious harmony and understanding among the world's major religious traditions. ***Despite philosophical differences, all major world religions have the same potential to create good human beings. It is therefore important for all religious traditions to respect one another and recognize the value of each other's respective traditions.***

The Rinpoche is a Tibetan and works closely **with His Holiness, the 'Dalai Lama'.**

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